

ABCD-E Project - Nuwakot

Case Studies



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First initiation of farmer group

In Sattari village ward no-9 of Thanapati VDC has 145 household of mixed communities Tamang, Brahman, Chetri and Occupational cast. Majority of the villagers were depended on agriculture work. The villagers were doing farming on their own traditional way what they have known. They do not have any concerns with each other for improvement on farming. Share and Care Nepal team has struggles to organize a farmer action group in this village. About 5 months later a group was formed comprising 26 members where 15 women and 11 men. They have decided to save Rs.50/- per month and made understanding on role and responsibility. They also decided to develop annual action plan of their farmer action group.

Basis on their annual action plan they have coordinated with agriculture office at Thanapati for technical assistance on commercial farming. The group has hired 5 ropani land (2535 sq.ft) for commercial potato farming. This is first time in this village the farmers are doing such kind of commercial farming. The farmers were excited and motivated on seasonal and off seasonal vegetable farming. They have able to register their farmer action group at District Agriculture Office, Nuwakot to access more agriculture facilities

from government. After the affiliation with the District agriculture office they got some vegetables seeds and regular technical support from agriculture service centre. The Chairperson of the group says that “Now we understand the importance of the group to mobilize the resources to improve our agriculture”.



*Sarina Bhomjan
November 2014*

Ghaledada village has now access to safe drinking water

The landslide destroyed Ghaledanda village ward no-8 of Sunakhani VDC drinking water system on July 2014. The water system intake in the source is wiped away and damaged pipe line which water intake is 2 KM far from the village. With this damage 25 household of the village was directly affected. There was scarcity of safe drinking water in the village for 2 months. The villagers have to go neighboring village to fetch the water. The Ghaledanda villagers seek support from government officials but unable to get support from them. Then they try to collect some resources by their own but not much enough to renovate the system.



The villagers and the Farmer's group of the VDC have requested to support the system for Share and Care Nepal. Then Share and Care Nepal team visited the site and organize drinking water system committee to renovate the water system. The agreement has been made with the committee and Share and Care Nepal. They agreed to gather local materials such as sand, stone and contribute skilled and non skilled labor work. Share and Care Nepal contributed for construction materials for water system. After the agreement immediately community members has starts repairing system and within 15 days of period it was completed.

Now the system is in operation and has access to safe drinking water. According to the chairperson of water user's committee they are requesting VDC office for maintenance fund. The water users also collected some amount of money on monthly basis as a repair and maintenance fund. He says that "Share and Care Nepal has remarkable contribution to access safe drinking water to villagers in such a difficult situation". Now the villagers were also realizing the operation of the drinking water user's committee to overcome from any difficult condition in the community. They have organizing their regular meeting and developed plan to manage and improve their water system effectively. The committee members were regularly visit water source for cleaning on rotation basis.



Sandesh Mainali
October 2014

Received Additional Energy and Guidelines

Thanapati Creative Adolescent Girl Group lies in Thanapati VDC ward no.3, Hadigaun. Area is centrally located however due of geographical setting it is backward in various aspects. One has to climb stiff rough foot-trails nearly for an hour to reach. People can be found busy in their household chores. Children and adolescent girls were also ensnared in between their study and support for household works. They had never been the part of community development works. However, some of children were involved in a Child Club but was not organized. They had not any practice of coming together and discussing for mutual benefit and development.



Action Based Community Development through Empowerment program under Share and Care Nepal organized those girls and facilitated to form adolescent girl group on 2070/05/28. 22 adolescents became the member of Thanapati Adolescent Girl Group. With the formation of the group, the movement of girls in community started to increase. During the formation of the group, they became able to understand the concept of the group. Immediately, they declared to gather support of families and to maintain the school foot- trails they walk on. On 12th Ashoj, 2070 adolescent girls gathered and maintained nearly 2 km road from Sano Pipal to Gopidada in the support of others guardians. "We cleaned and maintained our school track. This has made me very very happy", shared Sadhana pathak, the smallest member of the group. Bipana Silwal, the Secretary of the group said, "I had never thought that we would do such thing. This has not made easier for students like us but to everyone from farmers to businesspersons. The response from community is positive. We would like to do other many works."

Recent work of Thanapati CAGG was highly appreciated. On 20th Ashoj after long preparation, the group became able to sensitize people of Chaijunaraynathan, Thanapati-2 through drama and songs and dance. Amidst 200 people, adolescent girls ran program, danced, sang, and staged a drama on sanitation. On asked why they chose to do program in Chaiju one of the members said they want to really be creative as they have the word in the group. "Chaiju is comparatively backward and has poor sanitation so we wanted to conduct this health related cultural program to aware people of here," said Indira Thapaliya, the host of the program. She added, "The applause from audiences during the program and the help we got from all quarters- SCN, school and local people shows that we have been successful to run program. We are sure to increase sanitary work in this place in some extent."

It has not been long time that group was formed however the group wants to do more works in days to come. “We know that we are girls and small. Many people have still disbelief on us. We would like to continue and show them that we can”, said Richa Silwal, the Chairperson of the group. “SCN care has helped us a lot. If SCN had not been supportive from preparation and rehearsal to final day, we would not have been able to do the program. It has become our additional source for our energy and guidelines. We are looking forward to do other many works for our personality development and community development”, she added. The group is to prepare code of conduct for the group members. They are also planning to do a group program soon.

Umesh Khadka
October 2013

Women Are Getting United

The women at Samundradevi VDC of Nuwakot District were not aware about the women development issues. They are limited in house hold duties. They considered development just activities as the responsibility of men and did not interfere the business despite some politically empowered women.

As Share and Care Nepal launched an Action Based Community Development and Empowerment (ABCDE) project, the women were encouraged to get united and help each other in a team. As a result 24 women groups were formed. They just did not got united but involve in the social activities, women started to save and mobilize the money to help each other, they help maintain and repair community structures and involve in social committees at community.

As it says “Morning Shows The Day”, the women in ABCDE project has shown a sign of change and that will definitely lead to transformation.

Basanta Basnet
October 2013



Girls also have potentialities and capacity to bring changes

In Sattari village of Thanapati VDC girls were engaged on their own usual activities like study and supporting household stuffs in their family. They do not have any ideas of forming groups for their own development. In 2013 with the facilitation of Share and Care Nepal a creative adolescent girl's group has been organized where 19 girls were affiliated in the group. This is a first adolescent girls group in this village. They starts doing regular meeting and monthly saving which motivates them to unite and existence of their group for their own development as well contribute to social development.



The girls have learnt various skills and knowledge which is relevant for their personal development and growth which build their confidence on speaking and performing their talents. The Sattari creative adolescent girls group won first prize on VDC level girl group's poem competition. This girls group has initiated to raising awareness on social issues such as domestic violence, child marriage, girls trafficking, social discrimination etc through performing street drama and cultural programs. The group has initiated for their village cleaning program and maintenance of the road with support from women and farmers group that build mutual support mechanism among groups for improving their village. The group regularly publish wall newsletter to inform other villagers about their progress and relevant information. All the group members were support each other in their field work also like participating paddy plantation in rotation basis of each members. Involvement of girls group on such activities they gained trust from their own family and villagers.

The group has established a scholarship fund to support needy girls and prepared annual action plan for their group development. They are planning to affiliate group in VDC to recognize officially. Parents of the girls and villagers were appreciated their work and proud with their children. Secretary of group Sushmita says that “Girls also have potentialities and capacity to bring changes in the communities by doing small things differently”.

Sushmita Mizar
October 2014



Life Long Education has widened her horizon

Nayagaun village ward no-1 of Sunakhani VDC is inhabitant of Tamang Communities which has 40 household. When Share and Care Nepal team reached in this village to do assessment for organizing Life Long Education (LLE) no one literate women has found who is able to facilitate the LLE. Finally a 19 years girl Sabina Tamang who have completed grade 8 was selected to facilitate LLE. Sabina has 10 members in her family.

She was little anxious after selection as a facilitator to help other women on reading and writing because of less confidence on herself. In spite of this she commits to educate women in her village and attended 5 days LLE basic facilitation training course. She has gained skills and knowledge on facilitation and developing learning materials that build her confidence to organize LLE. In the beginning she has faces some challenges on gathering participants and managing place for LLE center but she has able to convince women to participate with the help of some social minded people in her village. Those women who attend the LLE center found different from traditional teaching and learning method which is participants friendly and significant. In the LLE they discuss on their own social issues like women health and sanitation, domestic violence, women rights, social discrimination etc and identify their solution and take action on it.

Sabina convinced her family and starts to build toilet in her home and later it became a campaign that LLE participants begins to build toilet one by one. Now 20 toilets have been built in her village. She says that “To change other must change own self first”. LLE encourages women to took participate on social development activities and social functions too. Meanwhile women realize the importance of women unity for social change and formed women action group. Now 20 women of her village were literate, became a member of women action group and started saving and investment activities. Villagers were happy seeing these changes in the women and their village.

Sabina was more motivated after facilitating LLE course to continue her education even though she was aware of her family economic condition. She has shares her willingness towards study to women group and Share and Care team members. Later on Share and Care Nepal consider continuing her education through scholarship scheme. Now Sabina is studying at grade 9 at Kalika Devi secondary school. She is happy and enjoying even though she has to walk 2 hours to reach school. Her family members were also pleased seeing changes with her daughter. She says that “LLE has widened her horizon for bright future in her life”.

Padam Raj Giri
November 2014



Farmers Have A New Hope On Agriculture

A large number of populations living in Samundradevi VDC are Tamang. Most of the people are still using traditional way for farming and are backward in development. They heavily depended on crops such as maize, paddy, wheat and vegetable for income. However, they are able to sell only few after consuming those foods personally. People struggled with their personal problems and never worked as a team to help each other in the society. In ward number 8, called Samundradevi village, there were no groups. So having realized the importance of working as a team, the community people liked to be involved in group but due to lack of initiation they were in scattered situation.

Share and Care Nepal (SCN), Action Based Community Development and Empowerment Project (ABCD-E) initiated to gather all members of that community to form a farmer group where people could discuss issues related to farming and related issues. About 50 people from the community had participated in the discussion. After the discussion, they identified that the lack of information about modern agriculture, seeds, and services from district level, lack of access with VDC and district level organization as few reasons behind their hardships and reasons that hindered the development of agriculture in their community. They realized that if group is formed and if it worked actively, then they could easily have access to district headquarter and could even start commercial farming. Thus, they formed the action group named “Samundradevi farmer action group” consisting of 42 members: both male and female. They started to save 25 rupees each every month for developmental plans. In monthly meetings, farmers used to discuss about issues and problems related on agriculture, farming and resources. In this process SCN staff facilitated the group for the preparation of action plan. During the action plan, they got the knowledge about off seasonal vegetable and its methods of farming.

Then, they started to cultivate seasonal vegetable in a collective way. This was the first activity of the farmers as a group. Group member succeeded to prepare off seasonal vegetables seeds like tomato, chillies and cucumbers. Krishna Bahadur Tamang, chairperson of group says “Involving in group made us more active and helped us to gain knowledge about vegetable farming in commercial way”. Farmers have a new hope on agriculture and are highly motivated.

Basanta Basnet
December 2013



Group Is Inspiring It's Members

Most of the women in Sunakhani VDC-7 are bounding at home and indoor activities. There was no more unity and coordination among community member. They were known about group but never felt the importance and need of group even they used to get success story of other VDCs group time to time. Therefore there is only name of group in village.



When Share and Care Nepal, ABCD-E project implemented the program in this VDC, project gathered community members. Project oriented about the importance and concept of women action group. Some of the people interested to form group but most of the women were didn't give interest because they shared bitter experience and assumption of fault group. According to women "saving and corrupt in fund is the title name of group".

Geruwa gaun women action group of 18 members was formed in Sunakhani-7. Gradually after understanding about action group, others women also affiliated. Now, there are 29 members in group. In this status, project staff encourages and motivated to women group for the participation in community activities. Group internalized the importance of action group and prepared group board, stamp, letterhead, register, scale, calculators, visitors visit etc. These are the indicators of group development and management. Along with monthly saving, they started to involve to changes in community by their action.



Now, group are united and gathered if any problems rise in group member. Saili Maya Tamang is happy and amazing by seeing her toilet at home because Geru Gaun women action group supported to build toilet of Saili Maya. All members participated and prepared a toilet because Saili Maya was facing difficulties to prepare toilet. Similarly they coordinated with farmers group for the preparation of group building and preparing land for building. They succeeded to collect 27,000/ rupees by DEUSI BHAILEO program and other program.

Project also identified the need of lifelong education (LLE) class and conducting in this group where all group members were participating and used to discuss on different issues. Women were started to read and write. Personally, they were developed the habit of open discuss, sharing and coordination with others. So, group is inspiring to make unique group in Sunakhani VDC.

Sandesh Mainali
December 2013

I Am Happy To Be A Part Of Group

Bipana Thapaliya, 15 years old is a residential of Thanapati VDC-3. She is living with her elder sister and brother along with parents. She is studying +2 level educations at local college, Thanapati. She always wants to unite group members for effective education and group work. So some years ago, there was one child group for only saving and credit purpose. Due to lack of leading person, group couldn't go ahead.



Share and Care Nepal (SCN) gathered all adolescent girls for the project program.

They liked the program and requested to form adolescent girls group. Then, formed Thanapati Creative Adolescent Girls Group (CAGG) of 22 members. She was selected as a secretary in this group.

Regular meeting and training were organized and they could develop their personality. SCN staff facilitated and provides knowledge in different issues like anti-human trafficking, reproductive health, personal development, group management and sanitation. By empowering themselves, Bipana initiated and facilitated the group to develop street drama on the occasion of women day celebration.

Similarly, she participated in poem competition program organized by CAGG. She reminds her previous life that family resisted to her to participate in programs & events because community supposed to back biting about daughter. Now, she says, 'I am happy to be a part of group so that I could participate in different social events'.

She is thankful to SCN for providing different opportunity and knowledge. She could show and transference her talent and skill to group members also.



Saran Lama
June 2014

My Struggle and Achievement

Santa Tamang, 50 years old residential of Samundradevi VDC-9 is one active member of women action group. Her husband expired when she was 35 years. She has 4 daughters and one grandmother's of age 75 years. All responsibility and economic burden came to her. She struggled and did hardworking for the education of children and for her family livelihood.

It was not her wishes to send 3 daughters at Kathmandu for the work. They went Kathmandu and again struggle for the earning money along with studies. Only Santa and her grandmother left at home.

She participated in Samundradevi women action group formed by Share and Care Nepal (SCN). She realized the importance of group and its dimension. SCN provide the opportunity to group members for the exposure visit at agriculture farm at Kathmandu. She got the chance to go there.

She was impressed from the observation and implemented learning at her home. She prepared plastic tunnel for the off seasonal vegetable farm with compost pesticide. SCN staff regularly provides technical knowledge and skills about vegetable farming.

She says 'My daughters would have stayed in village with skillful knowledge if SCN come little early'. After participating in group and training, she has learned well about community, poverty and development. She feels that SCN reflects as light in darkness.

*Karishma Tamang
June 2014*



In The Unity Of LLE Participants, They Constructed Toilet

Saili Maya Tamang, 57 years old living at Sunkhani VDC-7, Geruwa gaun. In Tamang community, she also one who never involved and participated at social activities. One of the main causes was illiteracy and domination through male. Most of the girls and women were out of schools.

While Saili Maya was busy at her home she heard the information of group which is going to form at her village. Mass gathering was gathered by Share and Care Nepal, ABCDE program for the women action group

formation. She also attained at gathering program. She knew the concept and importance of action group. Her interest and passion towards group is completed because she affiliated at women action group. There was no any group working actively and nobody were informed her for the affiliation at group. She didn't take permission with husband to involve in group because to take permission is tradition of our community for women.

Her experience was interesting while she participated first monthly review meeting. She couldn't understand language, rule and regulation and plan of the group. After regular meeting and interaction of the group members, she has increased the knowledge of group.

Geruwa gaun women action group recommended her as participant for the Life Long Education(LLE) of SCN . So, SCN project reviewed and collected data and implemented the LLE centre. Group selected the facilitator and trained them. In LLE centre, they used to discuss various issues of community. While the issue of 'toilet' rose in centre, participants got the detail knowledge of toilet.

After then, in the unity of LLE participants, they construct toilet at Saili Maya Tamang home. Her family members (husband and daughter) were denied to prepare toilet but group convinced them. Saili Maya and family was facing different problem and difficulties (to respect the guest, problem while raining and on the day time) while she had no toilet. This was the action plan of LLE but Saili Maya learnt to write her name. In beginning, she didn't do signature abut after participating at LLE she succeed to sign and write her name easily.

Now, Saili Maya is happy and openness with group to share her experiences, feeling and learning. She thanked to group because group supported to build the toilet. She is participating regularly in LLE class.

*Sandesh Mainali
January 2014*



The Outreach Clinics Are Regular

Samundradevi VDC touches Kathmandu District. It is one of entrance for many people from Nuwakot to Kathmandu. However, the status of education and health is not well developed even though big buildings with modern facilities health and education facilities lay across one Shivapuri forest in Kathmandu. Though this VDC has got a good health building, it fails to provide service as it has to. The access to different facilities is limited to few people only. Many people were unaware of different health facilities and still relied on traditional approach for healing.



Share and Care Nepal (SCN) coordinated with health institution for quality service. In coordination with Sunkhani Sub Health Post (SHP) effort, SCN facilitated 14 FCHVs from 9 wards. FCHVs were providing voluntary service from long time, the concept of group encouraged them to do more. Before, two outreach clinics out three were not functioning. The services of functioning clinic were also infrequent. People were forced to walk long distance to receive medical services. The facilitation and mobilization of the group encouraged people rethink of the roles of clinics. Thus, SCN and the people of the VDC felt the need of improvement in health service and run outreach clinics.

Now, with the support from SCN, group members and concerned people, the outreach clinics are regular in Arkhaule, Kholegoan and Bhanjyangthok. Both FCHVs and health persons are present in the outreach clinics to provide services. People no longer need to walk long distance for services. The number of people appearing for service is also increasing. FCHVs themselves are enthusiastic and inform the day of outreach and encourage people to come to institution for further service. The health institution is keen for further coordination with the organization.

Rajesh Lama
December 2013

Transformed Herself Into An Exemplary Woman Leader In Her Community

People belonging to different ethnic groups and religious background living in Thanapati VDC. In ward number 6, majority of the people belong to minority group. Laxmi Mijar, a member of minority community of this ward is living with her husband, three children: two daughters and one son. Her family is not economically strong; their yearly income is only able to fulfill their needs for 9 months only.

When Share and Care Nepal (SCN) facilitated the formation of WAG in this community, Laxmi also joined this group. In the beginning, Laxmi was very



Schooling After 6 Years Gap

Arita Tamang aged 20 years old living with parents and eldest brother at Gurje village of Samundradevi VDC-1. Due to low income source of family, she dropped her education at class 8 even her education was good. After schooling, her life limited in house hold and wages. When her colleagues were used to go school, she felt more uneasy and ashamed herself.



Share and Care Nepal (SCN) ABCD-E project staff facilitated to form Gurje women group in her village. At the same time, she also participated in the group formed. All group members selected her as a treasurer. She was unknown about the role and responsibility of treasurer but after discussing in group and taking different types of training, she became clear on her role. She started to facilitate group as effectively with different examples.

Again, group recommended her as a facilitator of Life Long Education (LLE) conducted by SCN. Then, she took basic training. She has less confidence to conduct the LLE centre but due to regular meeting, leadership development training, group management training and basic training organized by SCN made her more input in her knowledge and skills. She used to think "how can I teach to other about education even I am dropped out"?

Her turning point in her life was 'self help group mobilization strategy'. She studied case stories and transformation stories of group members in book where mother and daughter started to go school after long time. She was impressed and talked with family about continuing her study but her family responded "my daughter gone mad".

Community started to back biting about Arita, but she rejoined at class 9 after 6 years gap at Kalika Secondary School at Gurje. SCN staff also encouraged to her education and counseled with family and group. So, group members requested SCN for scholarship to Arita's education. SCN agreed to support her education after discussing with family, group and school.

She is regular in school rather than wages activities. She felt the importance of education and also got the support to further education. Her dream is to pass out SLC level education and doing the social activities. She says 'my life style has been changed due to the presence of SCN'.

Rabindra Dhakal
June 2014

We Should Start By Ourselves And Then Other People Can Learn

Meena Tamang aged 22 is a youth farmer, social worker and student too. She lives at Morthok village of Samundradevi VDC-6. She has 4 members in family. At first time, she heard about Share and Care Nepal (SCN) duration of group formation. She became a member of Morthok women action group. In initial phase she used to think that 'all the groups are same, they comes and goes similarly group also forms and dies'. Her concept about group was changed within 2-3 month involvement because she internalized the objective of WAG. They prepared action plan and move forward according to plan. The entire, group became active and shared different subjects and issues of community.



In this process, she was selected as a facilitator from the group to facilitate Lifelong Education (LLE). Now she used to discuss with women members in LLE class with their feeling and experience. She is known as a leader in community. Her interest was to involve in agriculture i.e. vegetable farming but she has no any ideas about it. At the same time SCN organized off seasonal vegetable farming training at her village. She participated at training and learnt so many ideas and method of vegetable farming.

Now, in her own initiation, she constructed one plastic tunnel for the production of plants of vegetable. She motivated to her neighbor to make plastic tunnel too. So she succeeded to make two plastic tunnels in her community for agriculture progress. She says 'we should start by ourselves and then other people can learn'. She is growing vegetable, tomato and chilli, which she will sell in coming days.

Rabindra Dhakal
June 2014

shy to give her introduction and speak in the group. However, after participating in different leadership development, capacity strengthening and group management training and different exposure visit, she was able to speak in the group easily. Her enthusiasm impressed her group and they even nominated her to be the President of her group, Bhimsenthan Women Action Group. Later, Laxmi also became member of Farmer Action group at her own initiation. She participated in the off-season vegetable farming training. Utilizing her skills from this training, Laxmi built a tunnel and started off-season tomato farming immediately. Recently, her group, Bhimsenthan Women Action group, nominated her to be a member of VDC level Women Network group.



Laxmi has been a source of encouragement and enthusiasm in her Women's group as well as her Farmer's group. Laxmi now, consistently participating in different trainings and is no longer afraid to speak openly in various activities and discussion. Laxmi who once said that participating in these types of group is not beneficial, no longer believes in it. With the help of the group and her hard work, she has now transformed herself into an exemplary woman leader in her community. To mention her few noteworthy activities, Laxmi is planning to start the off-season vegetable farming professionally. She has also given commitment to continually fight for women's right and community development through her involvement in Women Network group. She has encouraged many women in her society to be independent, confident and has helped community in various ways. She truly is an inspiring figure of that community.

Laxmi Lama
November 2013

I Have Never Thought Such Changes In My Community

Nayagaun village is in Sunakhani VDC ward no. 1. It is a tamang community and there are almost 40 households. This community is one of the most backward communities due its low education rate and lack of awareness. Some of the male populations worked in Kathmandu valley to support their families. Women are mostly engaged in indoor and household activities. There is no sanitation, no facility of toilet and no easily access of roads.



Share and Care Nepal (SCN), ABCD-E project has implemented its program through the group in this community after gathering all community members for the interaction meeting. There seem so many problems when the concept of group was introduced. People didn't give any concern for group because they shared bitter experiences of uncertainty of money and others. But once the SCN staffs made it clear about the system of action group and its importance, people were convinced with the group and agreed to form an action group. After introducing the action group,

a group named 'Nayagaun women action group' was formed that consists of 22 members. After several monthly meetings of the group, regular visits to places and discussion with staff, the people realized that 'to develop and change the community we must take initiation'. After this realization, SCN gave the people an opportunity to participate in 'group management and development training' & exposure visit that helped the group members in various ways.



After group discussion in monthly meeting, the group members felt the lack of education as a major problem in the community. So, SCN started lifelong education (LLE) in Nayagaun village. Group selected one facilitator and participants for the class. SCN provided 5 days LLE basic training to facilitators. With the help of LLE, all participants are now involved in different community activities such as maintaining public road, preparing toilets, cleaning drinking water sources etc. They are also discussing and interacting about various community issues and problems.

Before, among 40 households, there was only one toilet, but with the initiation of LLE centre and encouragement of SCN staff, 5 more toilets were prepared. It was not easy to build toilet, but with the collaboration of all members, it was possible. First time in the history, group organized 'LOSAR' program in community. They shared and aware people about women empowerment through this program. Similarly, on the initiation of group, outreach clinic is running smoothly and effectively.

Now, group is going through annual action plan. They are doing income generation activities by taking loan from the group saving fund. Some of the group members are maintaining water mill while some are running poultry farms. They no longer have to hold back treatment when they face different health problems due to lack of money as they had to before. Now, with the help of group, they can take treatments. A member of group Sharmila Tamang says 'I have never thought of such changes in my community, but SCN helped us to bring such change. We all are happy now'.



Sandesh Mainali
December 2013

They have a dream to support more poor family's children education in future too. Not only group, they have planned to collect money from external source for the scholarship. This was a first initiation and attempt to provide scholarship to children by community based group, which is a model initiation.

Sandesh Mainali
May 2014

Involving In Social Activities

Khaniyachaur village lies in ward no.9 of Thanapati VDC. People living here are Bramhin, Chhetri, Mijar, Tamang and Newar. This ward also divided in different tole because of large geographical areas of ward. Among them Khaniyachaur is one tole where most of the women are limited in household work only.

Share and Care Nepal (SCN) visited and interacted with community members and formed Khaniyachaur women action group of 20 members. They felt difficulties to sign



their name, to write and read in monthly meeting. So, they made interest to involve non formal education centre if opportunity comes. After a month, SCN started Life Long Education (LLE) at that group. Group selected one facilitator and sent her in basic training. After training, LLE centre runs smoothly & regularly. By regular meeting of group and LLE centre, women members succeed to read and write even to speak openly with others. They got the knowledge of social activities, social involvement of women and the importance of unity of group.

They made the group action plan. They cleaned and maintained about 3 KM public paths and made to access vehicle and community members as well. They got first prize in 104 international women day celebration participating in song competition program in VDC level. Similarly to interact and fun, they organized picnic program within the group members. They have collected 1505 rupees fund from the members to prepare temple in village. So they have got appreciation letter also.



LLE facilitator says, it is our first attempt and we are learning. Within 4 month, we learnt many things from SCN staff and so we can do such remarkable activities. Group's main aim is to establish group as a role model in VDC. To be a role model they have a action plan. According to plan economic empowerment and social empowerment is most priority of group.

Rosa Khadka
May 2014

Share and Care Nepal (SCN), ABCDE project staff visited and talked with some people of Dhokre community. According to one women leader of that village, 'there was a group but due to ambiguity group didn't work. Last time there was a literacy class opportunity but no one interested and women are not supportive by male too.

SCN convinced them to gathered community and talked about LLE and women action group. They shared bitter experience of past group and did not show interest to form again. After 3 regular visit, they interested to form group and requested to start LLE class.

Anita struggled with her husband and family to convince them because she likes the groups and LLE classes but not supported by family'. After some time, she was permitted to attend group and LLE. When she started she had little knowledge of Nepali alphabets but now she can read and write. She started to support to other participants as. She solved many problems in the community, she visited homes, shared her experiences, motivated her friends, counsel the group members now she can speak with confident.

Group members have selected as her as leader. They used to take advice from her. She is a member of group, but dream of leading Tamang women for their development in the future.

Kripa Poudel (Giri)
March 2014

First Initiation And Attempt To Provide Scholarship To Children

Nayagaun, Sunakhani VDC lies on top of hill which is far (about 3 hours on foot from Sunakhani, Chapabot chowk) to reach there. Nayagaun WAG has plan to develop village as model village. According to WAG, nobody visited and nobody has knew about Nayagaun. Therefore they used to think "we are back warded, we have no education and we are marginalized and we can't do anything."

By regular visit and interaction meeting organized by SCN, motivated them to grow up gradually. They developed their annual action plan to implement different program. They decided and bought one stretcher to use in emergency case. They collected 3500 rupees from the village and managed it since there is problem to arrange and call to vehicle due to geographical difficulties.

Share and Care Nepal has introduced about scholarship program for secondary level students. In discussion process, Nayagaun WAG became excited about this program. So LLE facilitator (Sabina Lama) was recommended for scholarship by WAG but they found others children who have low economic status and vulnerable situation. This issue became a major concern to the group. After discussion, they decided to establish scholarship fund and raise 1800 rupees within one month duration. One child was helped for education by their support.



First Time Outreach Clinic

In January 2014, first time outreach clinic was conducted at Nagaun village of Sunakhani VDC. Before that, there was no outreach clinic in the record of Sub Health Post (SHP). The situation of health in this VDC was heartbreaking. There were forty household in this VDC and all of these household members had to go to SHP even for normal treatment. This means people had to walk for 3 hours to receive any treatment. Different types of disease like respiration, skin, diarrhea and other communicable diseases prevailed in this community. Due to lack of health education they had seen people dying untimely.



SCN discussed about health issues and present scenarios with community members & groups and to run outreach clinic in their village. They were also interested to start outreach clinic. Then SCN Staff and community stakeholder discussed and interacted with SHP and management committee. SHP also showed interest to conduct outreach clinic. SCN supported weight machine and BP set for SHP for conducting outreach clinic and SHP arranged other materials and equipments. For management and communication, women action group took the responsibility.

Then, SHP members and SCN staff went to their village and gave orientation about outreach clinic where 98 community members participated and among them 40 members took the health service & treatment. Among 40 members who received the treatment, 6 were pregnant women, 14 children and others adults' men & women. One of the patients was sick before and had to leave to Kathmandu, the capital city, to receive treatment, however, with new services provided by the outreach clinic, he longer had to go to Kathmandu. The treatment was done in the outreach clinic itself.



SHP in charge says 'It is Share and Care Nepal that was able to change and transform such back warded community because I couldn't change this community's concept till now'. According to him, outreach clinic will continue in every month and he promises to participate in this program.

Sandesh Mainali
January 2014

It Took 50 Years To Understand The Importance Of Sanitation

Saili Tamang got married at her early age at Sunakhani VDC. This VDC was unaware of significance of sanitation. Defecation was open. Saili wanted to build toilet there, however in such community environment where no one had toilet, her family could not see its importance. They opted to go open than enclosed.



The open defecation then became normal for Saili and to everyone: from children to adults. However, Share and Care Nepal (SCN) entered the Sunakhani VDC and facilitated to form women group in Nayagaon. Because of lack of confidence among people, the group was formed only after second attempt. Saili was one of many who had gathered out of curiosity in the first meeting. The past practice of formation and disintegration of the group forced had them to rethink about participating in group formation. However, the facilitation and transformational stories of SCN encouraged them. In turn, women united and formed Nayagoan Woman Action group.

Saili and other members continued participating in monthly meetings facilitated by SCN. During those meeting and interaction, the members realized what they lacked and what made them different from women of other community. They realized that lack of education; awareness and community participation were prime factors behind their socioeconomic backwardness. As a result, they decided to attend LLE class run by SCN. In the class they discussed about the issues of their village. The discussion made them realize that sanitation was the most common problem. So, they resolved to prevent open defecation for sanitation improvement. Consequently, group member collected stones, mixed mud and gathered other necessary materials and helped each other to built toilets.



Saili and her group have been able build 5 toilets in total. The group is planning to increase the construction and make the area open defecation free zone. Saili says that, "It took 50 years to understand the importance of sanitation to me. Had I known it earlier I and my community would have been an able to initiate some changes." The group is in its infancy. However, the group firmly believes that it has a long way to go and will be able to transform its community. Saili is committed to do so.

Sandesh Mainali
December 2013

LLE Participants Realized The Need Of Sanitation

Rita Tamang spent her childhood looking after domestic animals. She could not become lucky enough like her friends to go to school. She got married at age of 16 in Nayagoan, Sunakhani VDC. Then, her conjugal life was spent doing household chores. At the age of 22, she became a mother of two children. Rita herself suffered from illness.



While she was busy with her household chores, Share and Care Nepal (SCN) facilitated to form a group in her place. She became a member of Nayagoan Women Action Group formed by SCN.

She earlier believed that the group is formed for saving and credit mobilization only; however, Rita understood the real meaning of the group after the monthly meeting. She learned that facilitation and group mobilization is what group stands for, rather than just for orientation in saving and credit. Her family supported her to go for study in LLE class conducted by SCN and she was motivated to read. After attending LLE classes, she and other LLE participants realized the need of sanitation. She also identified open defecation as a contributing factor of poor sanitation.

Rita and group members are in the process of toilet construction. They have already constructed 5 toilets. They are continuing it and are resolved to make the place free of open defecation. She reminisces why other people used say negative about their place. "I did not know why people used to shrink their noses. We were inattentive, uncaring and were used to dirt. We have now understood the difference, says Rita." She has now internalized that household and community area has to be kept clean. She is herself taking enough care of her health thinking sanitation might be one of the factors of her sickness.

Sandesh Mainali
January 2014

I Found Change Myself During 4 Month Period

Anita Tamang, aged 27 years lives at Dhokre village of Thanapati-5, Nuwakot. This village is isolated in the distance from the Thanapati VDC. She has 2 children with husband. Her husband works as a driver. Her village is full of Tamang communities, who are backward and with low literacy. Due to her husband insist she used to stay at home and not participate in community work and celebration. Though she liked to go in community, talk and share her experiences and involve in group but she never got such opportunity.

